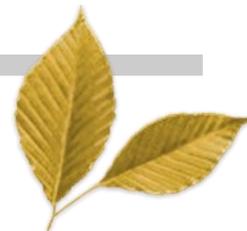




NUTRITION NEWS



2019 Poster Contest Winners

Special points of interest:

2019 Poster Contest Winners

Summer 'Fuel Up' passes goal

Milestones

Rogers School Recognized as Five to Thrive District

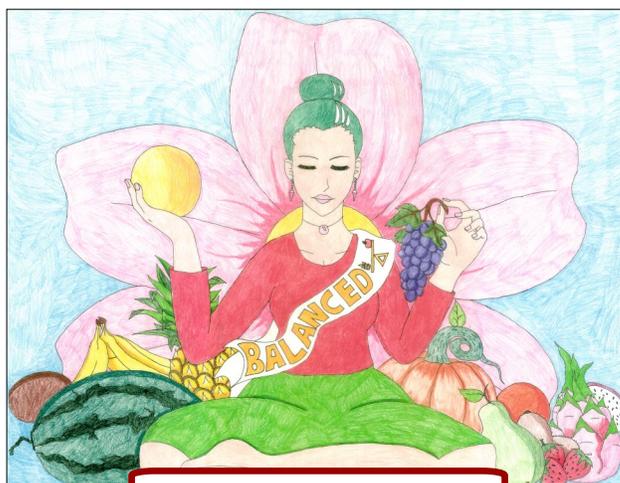
Farm to School Celebration at the Capitol

The 2019 Nutrition Education Poster Contest entries were wonderful! Congratulations to the winners! The choices were difficult since there were so many exceptional posters. The poster contest is an annual event funded by the Nutrition Committee of the Arkansas School Nutrition Association (ASNA) and administered by the Arkansas Department of Education, Division of Elementary and Secondary Education, Child Nutrition Unit. The theme this year was centered around promotion of healthful nutrition.

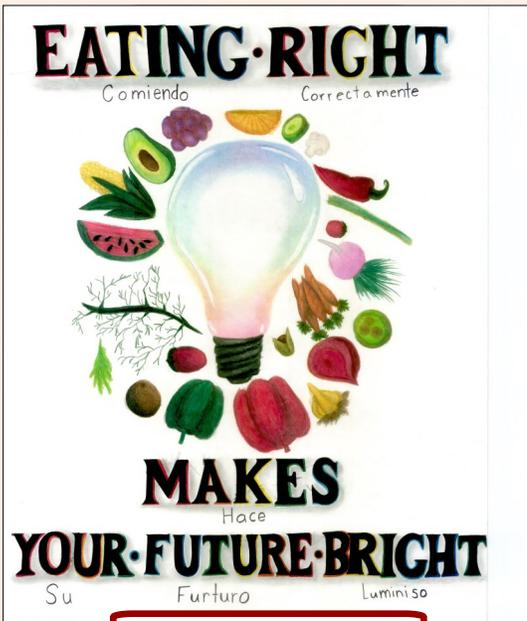
Five division winners were chosen at the state level to receive \$50 and a trophy. A Senior Division winner was selected to receive a \$300 award. The instructor/art teach of each state level division winner was awarded \$100 to be used toward the purchase of classroom supplies. The Child Nutrition Manager for each state level division winner received paid ASNA dues for the year 2018-2019.

Dates to Remember:

Registration of Food Service Management Companies—See CNU-20-011	October 18
Deadline for completion of all verification activities	November 15
Deadline to report verification activities to CNU	December 16



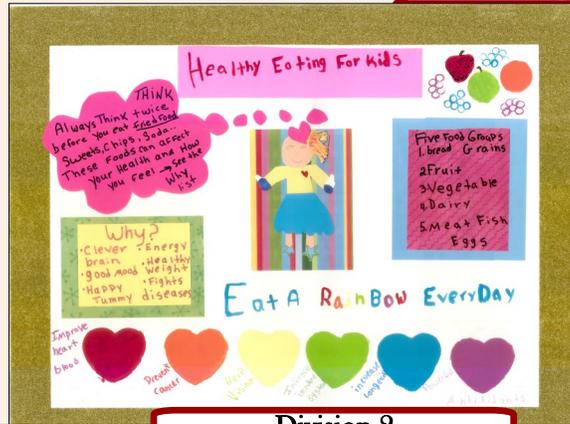
Senior Division
Trumann High School



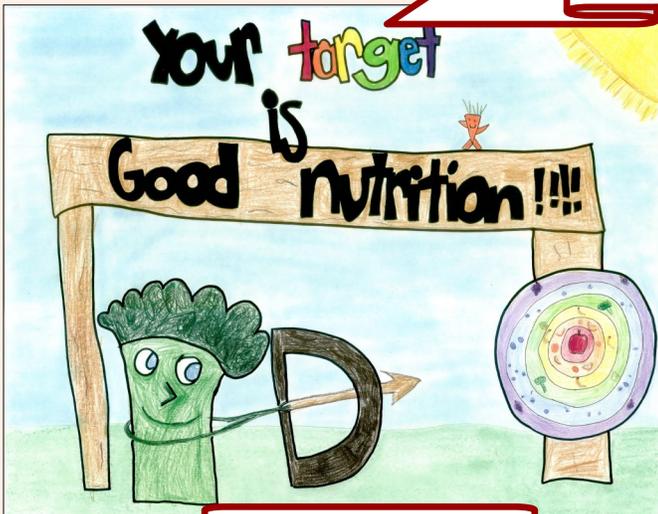
Division 4
Woodlawn High School



Division 3
Trumann Middle School



Division 2
Eagle Mountain Elementary
(Batesville)



Division 1
Woodlawn Elementary



Kindergarten
Jimmy Brown Elementary
(Star City)



Summer 'Fuel Up' passes goal

Written by Ken McLemore, Communications Director, Hope Public Schools

HOPE –The Hope Public School District “Fuel Up: Feeding Bodies, Fueling Minds” summer meals program hit a new mark this year with record turnout, new activities, and its own activities bus. Deanna Gilbert, director of nutrition services for the HPSD, said a total of 5,608 summer lunch meals were served in the period from June 2 through August 3. Gilbert had set a goal of 5,000 meals for the program, she said.

The program provided lunch meals Monday through Friday from 11 a.m. until noon at Hope Fair Park, Hope Northside Park and the Hope High School cafeteria.

A modified school bus was new for the community park visits this year, with attendant activities including a parent center, and a library for children to take a book home.

Programs for students were sponsored by the Hempstead County Master Gardeners, the Hope Fire Department, Pafford Emergency Medical Services, the Arkansas Game and Fish Commission, the Hempstead County Sheriff's Department, and a story time by members of the Hope Rotary Club were part of the fun this year. The week of fourth of July we honored local Veterans who came to speak to the students, Farm Bureau Women's Committee came and did games one week, Gilbert said.

Health screenings through the Bobcat Clinic at Hope High School were also explained to parents and students. Books for the story time activity and free book distribution were provided by local community service partners and individuals, Gilbert said.



Milestones — Alex Bradley

Alex Walker joined the Child Nutrition Unit in July 2018 as the Northeast Central Area Specialist.

She is from Texarkana, Texas but currently resides in Lonoke, Arkansas.

Alex is a Registered Dietitian. She is a graduate of Ouachita Baptist University where she obtained her Bachelor of Science in Nutrition and Dietetics in May 2017. She went on to complete her Dietetic Internship through the University of Arkansas for Medical Sciences (UAMS) and Central Arkansas Veteran’s Health System.

She is currently working on her Master of Health Administration (MHA) at UAMS in the College of Public Health.

She is anticipating to graduate from the MHA program in 2021.

In August, Alex got married to her husband Colten. She doesn't have any children just yet but she does have a fur baby, Paisley Walker, who is “as spoiled as any child.”

In her spare time, she enjoys cooking and baking. She also likes to go fishing and duck hunting with Colten and Paisley.

Alex is truly passionate about providing great nutrition education and health services to rural communities.

During her dietetic internship, she had her child nutrition rotation at Searcy School District and loved every moment. She explained, “To see nutritious meals being provided to the students and the love that was shown to each student as they went through the meal line”; She was sold on working in child nutrition.

The Child Nutrition Unit is happy to have Alex on the team.

Milestones — Courtney Erick



Courtney Erick joined Child Nutrition Unit (CNU) in August 2018 as the Southwest Area Specialist.

She is originally from Benton but she currently resides in Malvern.

Courtney is a Registered Dietitian. She worked as a Clinical Dietitian at the Arkansas Health Center, Department of Health Services for 8 years before coming to CNU.

She received her Bachelor of Science in Family and Consumer Sciences with a specialization in Dietetics from Henderson State University in

2016.

She is married to her husband Jason and together they have five delightful boys.

She enjoys practically anything outdoors including hiking, camping, kayaking, and running . Also, she is a super busy “sports mom” to her boys who play football and baseball annually.

Courtney happily took the opportunity to work in the field of child nutrition because she knows that good nutrition starts during childhood.

She said, “...if children develop healthy eating habits early on, those habits will carry into adulthood resulting in healthier adults.”

Courtney expressed her enjoyment being apart of the Child Nutrition Unit and we are happy to have her on our team !

Milestones — Penny Howard

Penny Howard joined the Child Nutrition Unit in July as the Southeast Area Specialist.

She is from the small town of East End, Arkansas.

Penny is a Registered Dietitian who recently completed her internship through the University of Central Arkansas (UCA).

Penny has a vast background in foodservice working at Arkansas Children's Hospital as a diet clerk and a daycare kitchen. She also served as the Graduate Assistant for UCA's Wellness program.

Penny received her associate's degree in Science from Pulaski Technical College and went on to complete her Bachelor of Science and Master of Science in Nutrition from UCA.

Penny has three beautiful children, Austin (21), Savannah (20) and Natalie (10). In addition to her wonderful children, she has two fur babies, Willow and Tucker.

In her spare time, she loves to read and spend time with her kids.

Penny has a true passion for all things nutrition and her family. She knew going into the dietetic internship that child nutrition was exactly where she belonged.

While working at a daycare, she spent the majority of her time in the kitchen. This is where she attributes the birth of her love for school nutrition. She says, "She has always been an advocate for the school lunch program and loves the opportunity to help schools better their programs and increase their participation."

Penny expresses great excitement to be a part of the Child Nutrition Unit and we certainly are happy to have her on the team!



Milestones — Gail Lange-Smith

Gail Lange-Smith joined the Child Nutrition Unit in June as the West Central Area Specialist.

She is from Harare, Zimbabwe in southern Africa but she currently resides in Little Rock.

Gail is a Registered Dietitian who recently completed her dietetic internship through University of Arkansas Medical Sciences (UAMS).

In December, Gail received her Bachelor of Science in Nutrition and Dietetics from Ouachita Baptist University and she plans to graduate in May, with a Master of Science in Clinical Nutrition from UAMS.

She enjoys cooking, eating, tending to her plants, being outside, and good conversations with her friends in her spare time. Also, she has recently started to play tennis casually — hoping to improve.

Gail has a passion for helping people be healthy: emotionally, physically and mentally.

When asked why she chose to work in child nutrition, she replied, "Our purpose as area specialists is to help managers and directors run their kitchens efficiently and effectively with the goal of providing children the best meals possible."

I chose to work in Child Nutrition because I want to fight hunger and to support those who are on the ground already doing it."

The Child Nutrition Unit is happy to have Gail join the team.



ROGERS
Public Schools
where all belong, all learn, and all succeed

ROGERS SCHOOL DISTRICT RECOGNIZED AS *FIVE TO THRIVE* DISTRICT

LITTLE ROCK, AR (October 3, 2019) – The Arkansas Hunger Relief Alliance and the Arkansas No Kid Hungry campaign are pleased to announce Rogers School District as one of eleven Arkansas school districts to have completed the requirements to qualify as a ***Five to Thrive*** district. ***Five to Thrive***, a campaign supported by the Arkansas Hunger Relief Alliance, Arkansas No Kid Hungry Campaign and Arkansas Children’s Hospital’s Natural Wonders Innovation Fund, was developed to encourage school districts across the state to offer a variety of nutritional and physical activity programming to improve student health and academic outcomes.

The child nutrition departments from the winning districts recently received school breakfast, out of school meals or other implementation funds and technical assistance to implement all five program components by fall of 2019. Five to Thrive requirements are:

Serve Breakfast After the Bell (Breakfast in the Classroom, Grab and Go, Second Chance) AND a universal meal option (Community Eligibility Provision, Provision 2 or other option offering meals at no charge to all students) in at least one school

Serve USDA summer meals (Seamless Summer Option or Summer Food Service Program) and/or afterschool meals (Child and Adult Care Food Program)

Offer Cooking Matters or similar nutrition education curriculum

Create a school-based food pantry, weekend student backpack or family meal box program

Offer an in-school physical activity program (Go Noodle, Fuel Up to Play 60, SPARK, etc.)

“Becoming a Five to Thrive school district shows dedication to the health and wellness of students. The Alliance and the No Kid Hungry Campaign are committed to providing these districts ongoing support to help expand or enhance their programs,” said Patty Barker, Arkansas No Kid Hungry campaign director. Research shows that when students have access to nutritious food where they live, learn, and play, their academic outcomes are brighter. These Five to Thrive components enhance the district’s nutrition and physical activity programming to help students not only succeed but thrive!



Farm to School Month Celebration at the Capitol



ADE Commissioner's Communication Memos

The following Arkansas Department of Education Commissioner's Communication Memos relate to Child Nutrition Programs. A complete list can be accessed on the Child Nutrition Web page at <http://dese.ade.arkansas.gov/divisions/child-nutrition-unit/cn-related-commissioners-memos>

CNU-20-013: Re-Service of Milk

CNU-20-012: National School Lunch Program Verification Collection Report

CNU-20-011: Registration of Food Service Management Companies SY2020-2021

CNU-20-010: New Food Items: Crediting Foods in the National School Lunch, School Breakfast, and Afterschool

Snack Programs

FIN-20-016: Audit Corrective Action Procedures for Fiscal Year Ending June 30, 2019

CNU-20-009: Best Practices for School Meal Applications

CNU-20-008: Child Nutrition Application for Alternate I or Alternate II Verification Sample Size

CNU-20-007: Smart Snacks Regulations and Second Trays - Update

CNU-20-006: SY2019-2020 Unpaid Meal Charges

CNU-20-005: National School Lunch Program (NSLP) Equipment Assistance Grants- Fiscal Year 2019

CNU-20-004: Reimbursement Rates for Child Nutrition Programs 2019-2020 School Year; Non-Reimbursable Meal Prices

CNU-20-003: Micro-purchase and Simplified Acquisition Thresholds for Procurement in Child Nutrition Programs

CNU-20-002: Digital Education – SY 2019-2020

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Arkansas Department of Education
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Education

Ivy Pfeffer

Deputy Commissioner

Arkansas Department of Education
Division of Elementary & Secondary
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Suzanne Davidson

Director

Child Nutrition Unit

Arkansas Department of Education
Division of Elementary & Secondary
Education

Stephanie Alsbrook

Assistant Director

Child Nutrition Unit

Arkansas Department of Education
Division of Elementary & Secondary
Education

Myia McBride

Nutritionist Consultant and Editor

Child Nutrition Unit

Arkansas Department of Education
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