


Creating Smarter Lunchrooms Free Online Course

A free Creating Smarter Lunchrooms online course is available through eCornell. This course will provide an understanding of behavior economics and how to encourage students to select healthy food options. Successful completion of the course will earn you two Continuing Education Units from SNA. To sign up for the course, go to:

PTRBEN001 - Creating Smarter
Lunchrooms
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USDA's Team Nutrition initiative recently released a web-based nutrition education curriculum for middle schools called Fueling My Healthy Life. The online materials include lesson plans, articles, assessments, videos and interactive activities. These resources focus on the importance of breakfast and what constitutes a healthy, balanced breakfast. All these resources are free to download and share with your students and teachers.
https://www.fns.usda.gov/tn/fueling-my-healthy-life


Project BreakFASTWebinar: Increasing School Breakfast participation among High School Students

