

Resource Roundup



Arkansas Farm Bureau offers mini-grants for outdoor classroom gardens. You can receive \$500 for a new garden or \$250 for ongoing garden support. This is a great way to introduce a gardening program in your school. For more information and to download an application for a grant, go to https://www.arfb.com/uploads/resources/documents/new_garden_grant_2017.pdf



USDA Team Nutrition's *Menu Planner for schools Meals: School Year 2018-2019* is a great resource that has been recently published. It is a comprehensive guide offering information on all aspects of menu planning for your school meals. The complete guide in pdf is available [here](#) or you can go to their website to download individual chapters:

<https://www.fns.usda.gov/tn/menu-planner>

NEW SCHOOL CUISINE

Child nutrition professionals from across Vermont collaborated on a cookbook "for school cooks by school cooks". This publication has recipes in USDA format in groupings of (1) Soups & Salads, (2) Fruits & Vegetables, (3) Grains & (4) Meat & meat Alternate.

You can download this in pdf format here:

https://healthymeals.fns.usda.gov/hs/mrs/Vermont/EDU-New_School_Cuisine_Cookbook.pdf

Arkansas Foods in Season

Beets	Broccoli	Cabbage	Carrots
Chard	Collard Greens	Kale	Spinach