

March is National Nutrition Month



Resource Roundup



The National Nutrition Month® campaign is held annually in March and is sponsored by the Academy of Nutrition and Dietetics. The theme for 2017 is “Put Your Best Fork Forward” which is a reminder that each of us holds the tool to make our lives healthier.

The Academy of Nutrition and Dietetics website has resources in Spanish and English for you to use: <http://www.eatright.org/resource/food/resources/national-nutrition-month/toolkit>



USDA Team Nutrition has lots of great resources for National Nutrition Month® including coloring pages, fact sheets, videos and more! <https://healthymeals.fns.usda.gov/features-month/march/national-nutrition-month>

National School Breakfast Week March 6-10

This year’s theme, “Take the School Breakfast Challenge”, encourages parents, students and school officials to start their morning with a healthy breakfast.

<https://schoolnutrition.org/Meetings/Events/NSBW/2017/>



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Webinar Wednesdays are held on Wednesdays and cover school nutrition best practices, hot topics and provide concrete ideas to benefit your nutrition programs

To register, go to SchoolNutrition.org/webinars

Webinars in March:

March 8: Kellogg’s Innovative Solution

March 15: Food Allergy: Discussing the Science Behind the Facts

March 22: Schools as Nutrition Hubs

March 29: Buy American Act