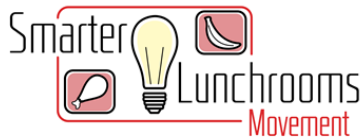




Resource Roundup

February 2017



The Smarter Lunchrooms Movement supported by Cornell Center for Behavioral Economics in Child Nutrition Programs is an easy no-cost and low-cost program targeting changes to encourage students to select, eat and enjoy healthier foods in schools without eliminating their choice. These interventions can

maintain or improve revenue and increase participation. The Smarter Lunchroom Movement is brought to you by the Cornell Center for Behavioral Economics in Child Nutrition Program and is funded by the USDA ERS/FNS

When you want to make changes but don't know where to start try starting with this Smarter Lunchrooms Score Card! Here are 8 SLM Changes that the USDA recommends to begin today!

1. Place your whole fruit in a nice bowl by the register and highlight it with nice lighting
2. Place fruit in two different spots on the lunch line
3. Give Fruits and Veggies creative names like x-ray vision carrots/monkey fruit (bananas)
4. Make white milk 1/3 of milk available and place it in front of flavored milk
5. Bundle the items of a reimbursable lunch into a grab and go meal and give it a name
6. Use a large menu board to highlight the named and featured foods
7. Brand your cafeteria by naming it after the school mascot or local hero
8. Use colorful, attractive signs to draw attention to "fresh fruit/subs/salads today!"

Smarter Lunchrooms Scorecard



Nutrition Education Resources

The Leafy Greens Council provides free resources including downloadable lesson plans and posters upon written request. Go [here](#) to check out these great materials.

Food and Health Communications is a National Strategic Partner with USDA for MyPlate and Nutrition Education. You can order school nutrition posters or download free clipart [here](#).



Arkansas Department of Education Child Nutrition Unit

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Arkansas Local Foods In Season with links to Fact Sheets provided by UofA Cooperative Extension

* [Collard/Turnip Greens](#)

February is Avocado and Banana Month



February 9—National Pizza Day



February 27—National Strawberry Day

