



Resource Roundup

December 2016 Resources



Food waste is estimated at between 30-40 percent of the food supply representing an annual \$150 billion loss. In 2015, USDA announced its first national food loss and waste goal calling for 50 percent reduction by 2030. USDA is working in partnership with charitable organizations, faith organizations, the private sector, and local, state and tribal governments to reduce food loss and waste in order to improve overall food security and conserve our nation's natural resources.

K-12 schools have a special role in not only reducing, recovering, and recycling food waste on their premises, but also in educating the next generation about recovering wholesome excess food for donation and about reducing food waste to conserve natural resources.

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To register your school as a participant in the U.S. Food Waste Challenge, simply complete and submit the [K-12 form](#).

[Download Infographic](#)



The Smarter Lunchrooms Movement supported by Cornell Center

for Behavioral Economics in Child Nutrition Programs is an easy no-cost and low-cost program targeting changes to encourage students to select, eat and enjoy healthier foods in schools without eliminating their choice. These interventions can maintain or improve revenue and increase participation. Check out this [guide](#) to improve behavioral economics in Smarter Lunchrooms from the Smarter Lunchrooms Movement resources.

Arkansas Foods Cafeteria Nutrition Education Program

The Arkansas Foods cafeteria nutrition education program was created by the U of A Cooperative Extension to provide nutrition education resources in the school cafeteria. The program is intentionally flexible to fit schedules of schools that participate. Arkansas Foods program focuses on 10 foods during the fall term and 10 foods during the Spring term. If you would like to participate in this project and receive these great resources for nutritional education, please contact your Family and Consumer Science agent at your local County Cooperative Extension office.

Arkansas Department of Education Child Nutrition Unit

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Arkansas Local Foods In Season with links to Fact Sheets provided by UofA Cooperative Extension

- * Beets
- * [Broccoli](#)
- * Chard
- * [Collard/Turnip Greens](#)
- * Kale
- * Radish
- * [Spinach](#)
- * Winter Squash

Special December Food Days

Cocoa Day	Dec 12
Biscuits & Gravy	Dec 14
Maple Syrup Day	Dec 17
Oatmeal Muffin	Dec 19
Hamburger Day	Dec 21