

**Arkansas**  
**2008 School Health Profiles Report**  
**Summary of Principal and Lead Health Education Teacher Survey Results**

	<b>Percent</b>	<b>95% Confidence Interval</b>
<b>HEALTH EDUCATION</b>		
Percent of schools that require students to take 2 or more health education courses	58	53 - 62
Among schools that require a health education course, percent that require students who fail the course to repeat it	79	76 - 83
Percent of schools in which the lead health education teacher had professional preparation in health education or in health and physical education combined	77	72 - 81
Percent of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school	94	91 - 96
<b>PHYSICAL EDUCATION AND PHYSICAL ACTIVITY</b>		
Among schools that require physical education, percent of schools in which students cannot be exempted from taking required physical education for one grading period or longer*	48	43 - 54
Percent of schools that taught 12 physical activity topics in a required course	75	71 - 79
Percent of schools that taught about developing an individualized physical activity plan in a required course	88	84 - 91
Percent of schools in which the lead health education teacher received staff development during the past 2 years on physical activity and fitness	62	57 - 67
Percent of schools in which any physical education teachers or specialists at the school received professional development on physical education during the past 2 years	92	88 - 94
Percent of schools in which all staff who teach physical education are certified, licensed, or endorsed by the state in physical education	98	96 - 99
Percent of schools that offer opportunities for all students to participate in intramural activities or physical activity clubs	54	49 - 60

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<b>NUTRITION</b>		
Percent of schools that almost always or always offer fruits or non-fried vegetables when foods or beverages are offered at school celebrations	22	18 - 26
Percent of schools in which students can purchase fruits or vegetables from vending machines or at a school store, canteen, or snack bar	17	14 - 21
Percent of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in all locations**	45	40 - 50
Percent of schools that taught 14 nutrition and dietary behavior topics in a required course	83	79 - 86
Percent of schools in which the lead health education teacher received professional development during the past 2 years on nutrition and dietary behavior	44	39 - 49
<b>HEALTH SERVICES</b>		
Percent of schools with a full-time registered nurse who provides health services to students at school	59	55 - 64
Percent of schools that have an asthma action plan on file for all students with known asthma	55	50 - 61
Percent of schools with a designated and secure storage location for medications that is accessible at all times by the school nurse or her designee	97	95 - 98
Percent of schools with a policy permitting students to carry and self-administer asthma medications	82	77 - 85
<b>HIV, STD, AND PREGNANCY PREVENTION</b>		
Percent of schools that taught the benefits of being sexually abstinent in a required course	89	86 - 92
Percent of schools that taught 11 topics related to HIV, STD, or pregnancy prevention in a required course	53	48 - 58
Percent of schools in which the lead health education teacher received professional development during the past 2 years on HIV prevention	32	27 - 36
Percent of schools with a gay/straight alliance or similar club	15	12 - 19

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<b>TOBACCO-USE PREVENTION</b>		
Percent of schools that prohibit all tobacco use at all times in all locations***	50	44 - 55
Percent of schools that post signs marking a tobacco-free school zone	86	82 - 89
Percent of schools that provide tobacco cessation services for students, faculty, and staff	9	7 - 12
Percent of schools that taught 15 tobacco-use prevention topics in a required course	73	68 - 77
Percent of schools in which the lead health education teacher received professional development during the past 2 years on tobacco-use prevention	41	36 - 46
<b>SCHOOL HEALTH COORDINATION</b>		
Percent of schools that have a school health council, committee, or team that offers guidance on development of policies or coordinates activities on health topics	82	78 - 86
Percent of schools with an individual who oversees or coordinates school health and safety programs and activities	91	88 - 93

\*Students cannot be exempted for enrollment in other courses (e.g., math or science); participation in school sports, other school activities (e.g., ROTC, band, or chorus), community sports activities, vocational training, or community service activities; or a high physical fitness competency test score.

\*\*Prohibits advertisements in school buildings; on school grounds including on the outside of the school building, on playing fields, or other areas of the campus; on school buses or other vehicles used to transport students; and in school publications.

\*\*\*Prohibits all tobacco use (including cigarettes, smokeless tobacco, cigars, and pipes) by students, faculty and staff, and visitors; during school hours and during non-school hours; in school buildings; outside on school grounds, including parking lots and playing fields; on school buses or other vehicles used to transport students; and at off-campus, school-sponsored events.