

## Health Presentations Offered by CHPS/CHNS

<b>Tobacco</b>	<b>Nutrition/Physical Activity</b>
<ul style="list-style-type: none"> <li>• Emerging New Tobacco Products (staff)</li> <li>• Comprehensive Tobacco Free School Policy (staff)</li> <li>• Smokeless Tobacco</li> <li>• Spit Tobacco</li> <li>• The Tobacco Problem</li> <li>• Mr. Gross Mouth</li> <li>• Tobacco Spin Smart game</li> </ul>	<ul style="list-style-type: none"> <li>• Choose My Plate</li> <li>• Moving Towards a Healthy Lifestyle</li> <li>• Preventing Childhood Obesity</li> <li>• Smart Snacks (staff)</li> <li>• Physical Activity guidelines (staff)</li> <li>• Yoga for Kids</li> <li>• Influencing Health and Academics through school gardening</li> <li>• Food Labeling</li> <li>• Food models/My Plate</li> <li>• Physical Activity games</li> <li>• Re-think Your Drink</li> <li>• Name that Food</li> <li>• Eating Disorders</li> <li>• Sugar consumption</li> </ul>
<b>Injury Prevention</b>	<b>Health/Wellness</b>
<ul style="list-style-type: none"> <li>• Pedestrian and Bicycle Safety</li> <li>• Traffic Safety: Signs, Signals, Symbols</li> <li>• Suicide Prevention (staff; Safe Talk, ASIST) (students; Myths vs Facts)</li> <li>• Bullying (staff)</li> <li>• Safe Teen Driving</li> <li>• Texting and Driving Simulator</li> <li>• “Drunk” goggles</li> <li>• Dangers of Sexting (staff and parents)</li> <li>• Water Safety</li> <li>• Poison Control in Action (students or staff)</li> </ul>	<ul style="list-style-type: none"> <li>• Pregnancy and STDs</li> <li>• Hygiene and Puberty</li> <li>• American Tooth Fairy- Dental</li> <li>• Fetal Alcohol Syndrome, Shaken Baby, Prenatal Drug Exposure (staff; Reality Works)</li> <li>• Overview of Act 1220: Nutrition/Healthy Schools (staff)</li> <li>• Developing and Sustaining a School Wellness Committee (staff)</li> <li>• School Health Index (staff)</li> </ul>