



An update on
**SCHOOL
HEALTH
SERVICES**
In Arkansas

2024-2025

TABLE OF CONTENTS



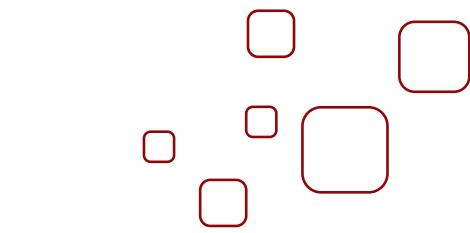
About the Arkansas School Health Survey	3
Response to the Survey	4
Student Chronic Health Conditions	5
Prescription Medications Taken at School	6
Injuries/Emergencies Sustained at School	7
Student Pregnancies	8
Mental Health	9
Student Encounters & Results of Encounters	10
School Staff Encounters	12

ABOUT THE ARKANSAS SCHOOL HEALTH SURVEY

The Arkansas School Health Survey is conducted annually by the Arkansas Division of Elementary & Secondary Education to assist in the development of health recommendations and guidelines based on student needs.

The data are used to help inform local school board directors of the needs of students in their districts. The data also aid in the development of continuing education for School Nurses, used along with personal competencies from the School Nursing Practice Framework.

This report provides an aggregate summary of results from the School Health Survey conducted during the 2024-2025 school year*.



FOR MORE INFORMATION ABOUT THE SURVEY

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***The data presented in this report are based on responses from all schools across the state except the following:**

Arkansas Connections Academy
Arkansas Lighthouse Charter Schools
Arkansas Military and First Responders Academy (AMFRA)
Arkansas Virtual Academy
Bay School District
Carlisle School District
Cross County School District
Division of Youth Services School System
Excel Center

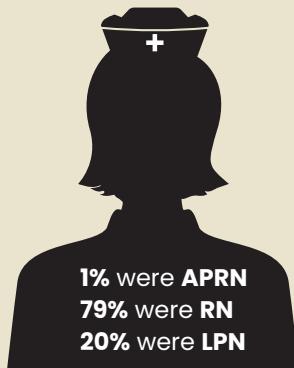
Founders Classical Academies of Arkansas
Garfield Scholars' Academy
Hazen School District
Hope Academy of Northwest Arkansas
Imboden Charter School District
Institute for the Creative Arts
Izard County Consolidated School District
Marked Tree School District
Mount Ida School District

Nemo Vista School District
Premier High Schools of Arkansas
School for Advanced Studies-Northwest Arkansas
Shirley School District
Viola School District
Westwind School for Performing Arts

RESPONSE TO THE SURVEY

932 School Nurses

completed the
2024-2025 online
School Health
Survey.

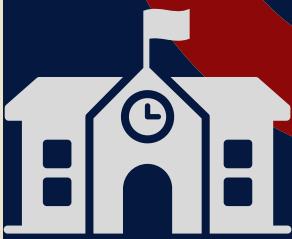


These nurses represented over
1,000 school campuses and
93% of the students in Arkansas!



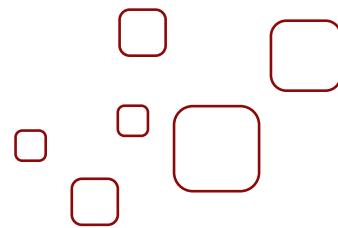
1036
**Campuses
Represented***

463,810
**Students
Represented**

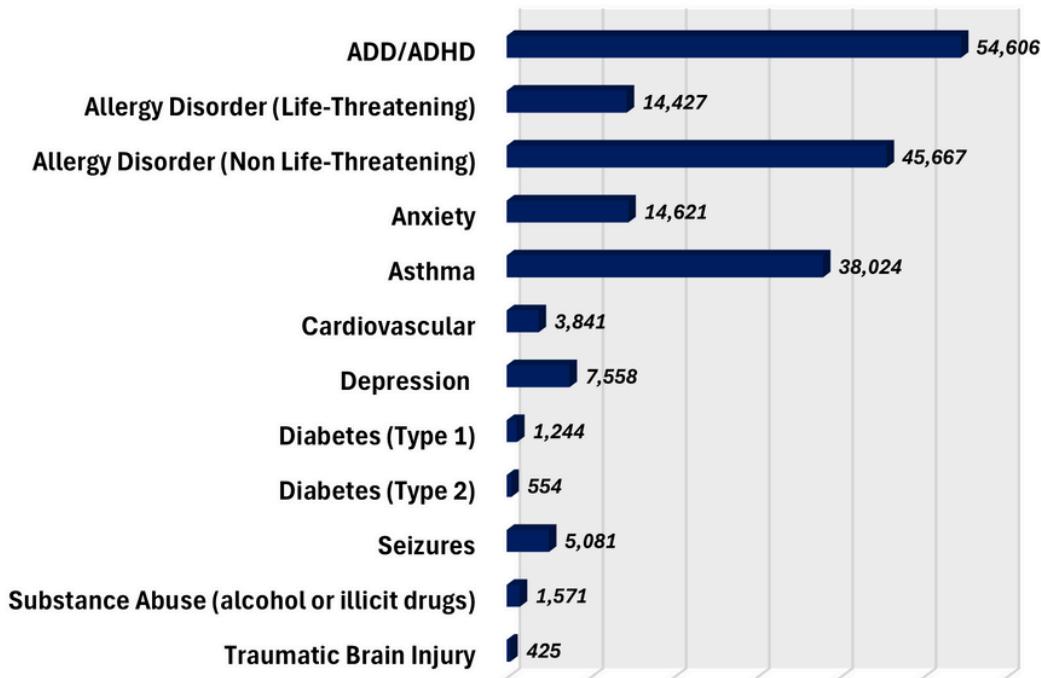
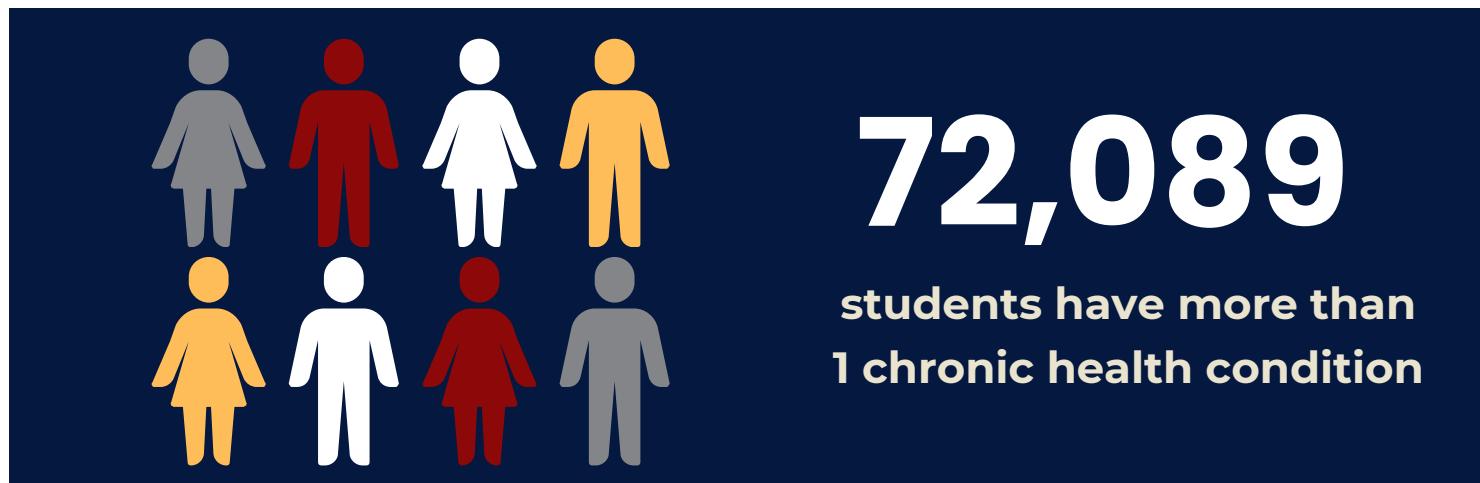


*1,025 Public Campuses & 11 Private Campuses

STUDENT CHRONIC HEALTH CONDITIONS



Over 72,000 students in Arkansas schools had more than 1 chronic health condition in the 2024-2025 school year. Based on survey responses, the most common condition was ADD/ADHD, followed by a non-life threatening allergy disorder and asthma. The table below shows a breakdown of the different conditions and the frequency of each.



Quick Fact...

84,819 students missed at least 10% or more of the school year
(includes excused and unexcused absences)

PRESCRIPTION MEDICATIONS TAKEN AT SCHOOL



13,518

students were administered **scheduled medications daily on a long-term basis**



14,977

DAILY DOSES of PRESCRIPTION medications on average

As can be seen above, many students are administered prescription medication at school, some of those required by their Individual Health Care Plans (IHP) or Emergency Action Plans (EAP). At times, administration of those medications results in a need for emergency help through 911. The table below lists the number of students who took selected medications at school in the 2024-2025 school year, how many of those are required through their IHP/EAP, and how many times the medication administration required a call to 911.

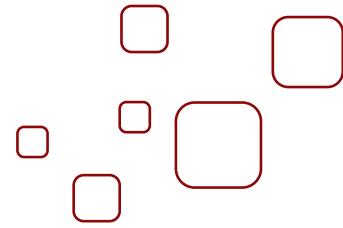
	# with prescriptions at school	# required by IHP/EAP	# times 911 called in relation to administration
Albuterol/Xopenex - Fast acting Beta Agonist – ICS	15,029	13,833	102
Benzodiazepine , Sublingual or Buccal (i.e. lorazepam, clonazepam, diazepam)	585	592	31
Diazepam or Midazolam (Intranasal)	1,028	1,062	51
Diazepam (Rectal)	415	396	14
Epinephrine	5,397	5,391	92
Glucagon	1,149	1,172	6

Note: The number of students with a prescription and the number required to have an IHP/EAP are different because, at times, prescriptions or EAPs are not received from the physician.

Quick Fact...

Almost $\frac{1}{2}$ of campuses (47%) have a stock albuterol inhaler and related policy

INJURIES/EMERGENCIES SUSTAINED AT SCHOOL



Students are at school a significant amount of the day, so it is not surprising that injuries occur while they are there, and sometimes health emergencies occur as well. Below is a listing of the common injuries/emergencies that occurred during the 2024-2025 school year, as well as how many times they took place.



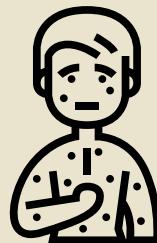
**24,995
HEAD INJURIES**
1,401 were sent to
HCP or 911



**6,927
EYE INJURIES**
448 were sent to
HCP or 911



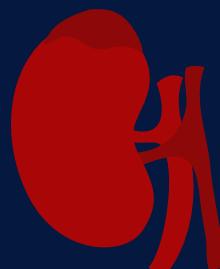
**2,076
DENTAL INJURIES**
424 were sent to
HCP or 911



**4,864
ALLERGIC
REACTIONS**



8
students
experienced a
**SUDDEN
CARDIAC
ARREST**
while at school

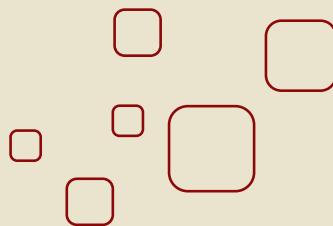


22
students
experienced an
**ADRENAL
CRISIS**
while at school

Quick Fact...

8 students have Do Not Resuscitate Orders

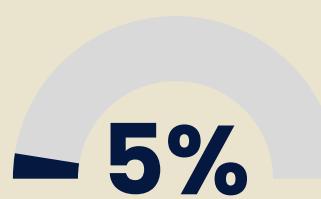
STUDENT PREGNANCIES



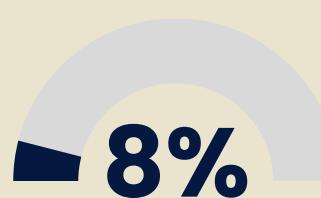
Below are some statistics on pregnancies that occurred among Arkansas youth during the 2024-2025 school year.



There were 486 student pregnancies during the 2024-2025 school year.



Delivered pre-term
(before 37 weeks)



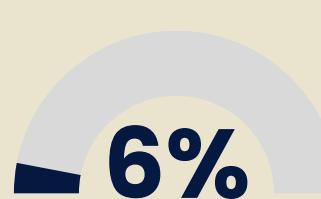
Diagnosed as high risk
(e.g., Gestational diabetes, preeclampsia)



Breastfed at school



Received home-bound services



Dropped out of school permanently

Quick Fact...

Sexual Health

228

students were referred to a health care provider for symptoms of STIs

MENTAL HEALTH



Mental Health issues can be found in just about every context, and our schools are no different. Thankfully, work is continually being done to help improve our response to those issues. During the 2024-2025 school year, it was reported that **54,606** students had been diagnosed with **ADD/ADHD**, **14,621** students had been diagnosed with **Anxiety**, and **7,558** had been diagnosed with **Depression**.

The data below shows how many students have received mental health services and where those services were received.

38,206

Students received
**PROFESSIONAL MENTAL
HEALTH SERVICES**
during the 2024-2025
school year

18%

received services
OFF CAMPUS

82%

received services
ON CAMPUS

The **Nurse-Counselor Team Approach** to Assist a Student with a mental health need was used

14,786 times!

SUBSTANCE USE

Below are survey data focused on Substance Use.

1,571

students had a

CHRONIC SUBSTANCE ABUSE ISSUE

28

STUDENTS had an
**OPIOID OVERDOSE
AT SCHOOL**
or a school-related activity



5

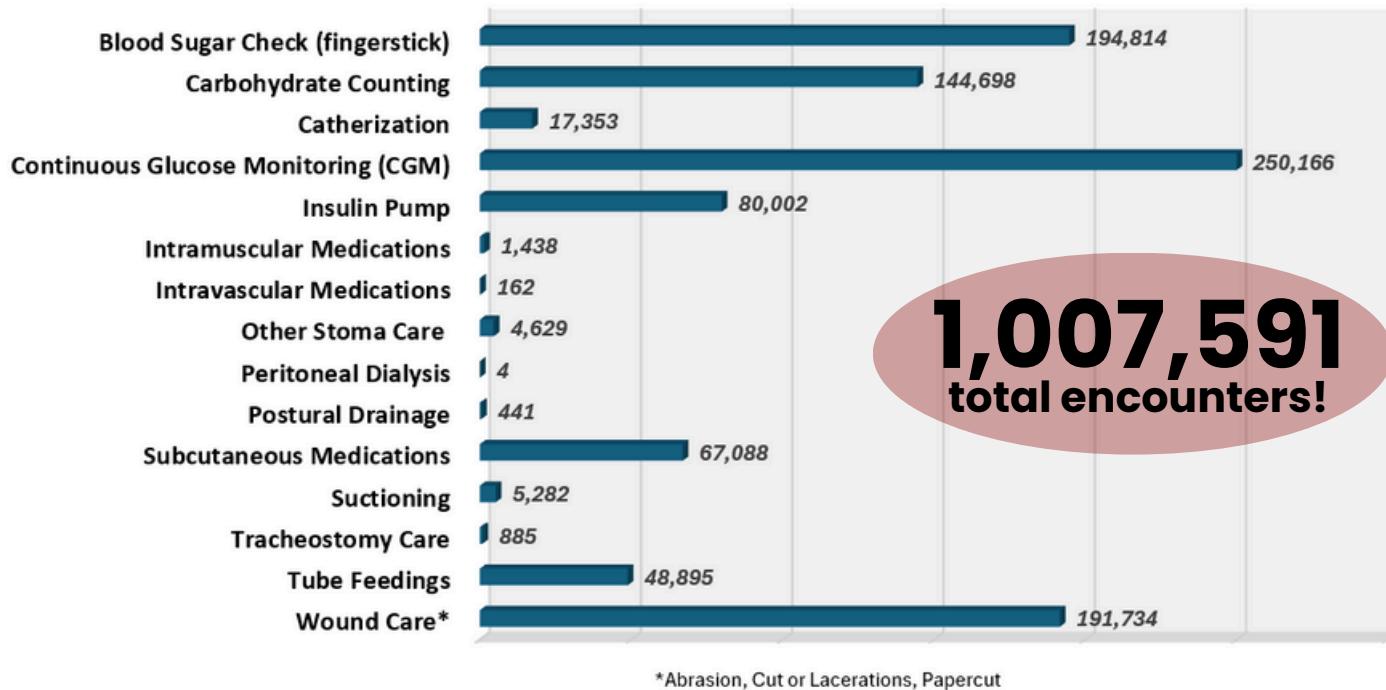
ADULTS* had an
**OPIOID OVERDOSE
AT SCHOOL**
or a school-related activity

*staff, parents, or visitors

SKILLED STUDENT ENCOUNTERS

School Nurses interact with students for a wide variety of reasons. Not only do they administer medication as presented earlier, but they also conduct blood pressure checks, glucose monitoring, tube feedings, and wound care. Nurses also assist students with other regular daily needs, as well as give presentations.

Below are some data from the 2024-2025 School Health Survey related to encounters with students.



4,384
students received
assistance with
**ACTIVITIES OF
DAILY LIVING**
due to disability



Quick Fact...
Most School Health Offices had...

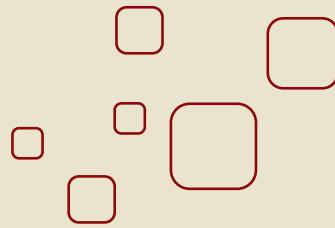
96%
Running Water

88%
a Toilet

98%
a Double
Locked Cabinet

99%
a Refrigerator

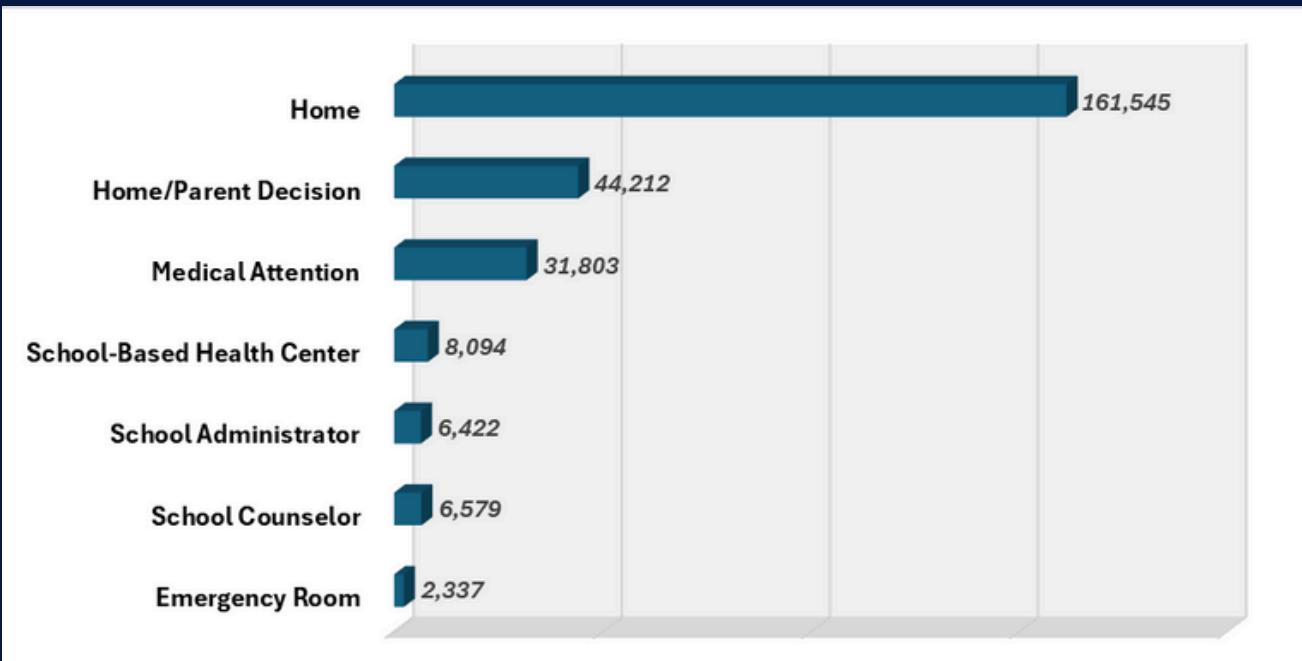
RESULTS OF STUDENT ENCOUNTERS



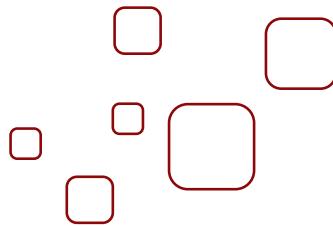
The below information shows what happened after a student saw the School Nurse. As can be seen, the vast majority were sent back to class, but there were several who were sent home or received medical attention. The table below shows the primary results that occurred during the 2024-2025 school year according to School Nurses.



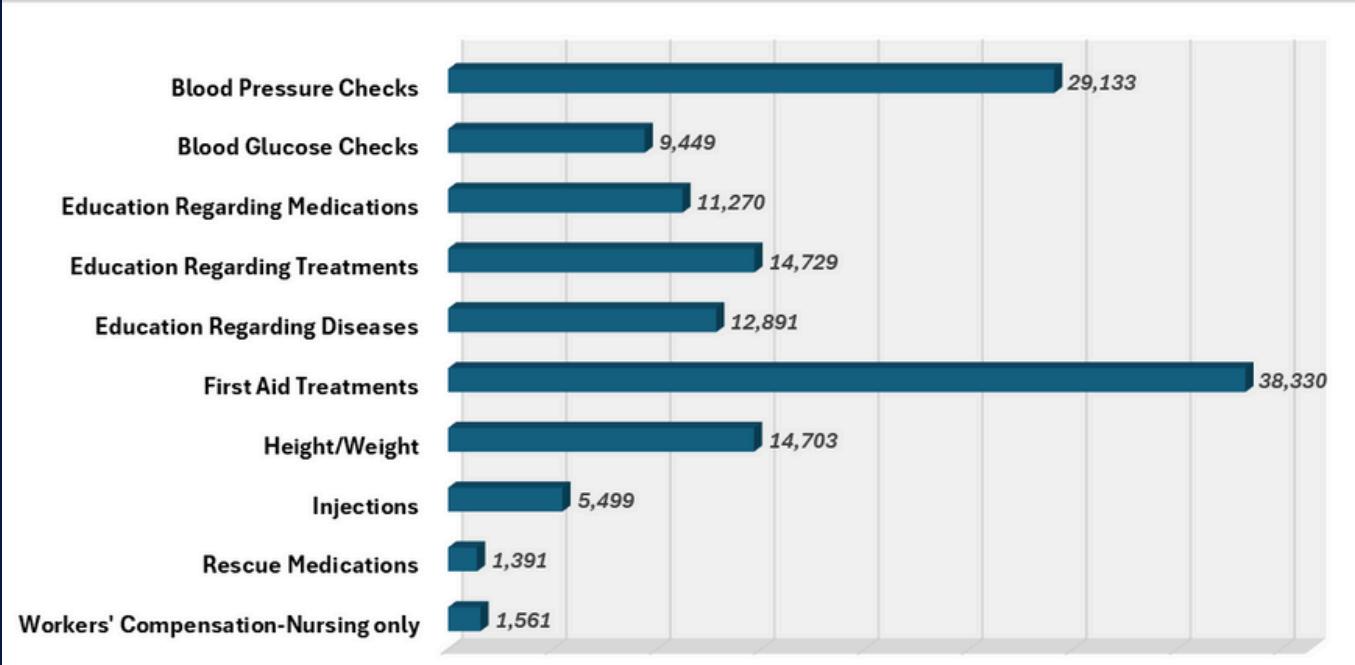
OTHERS WERE SENT...



SCHOOL STAFF ENCOUNTERS



Not only do School Nurses help the students in their schools, they also help other staff members. The table below shows various services provided to school staff and the number of those services that occurred during the 2024-2025 school year.

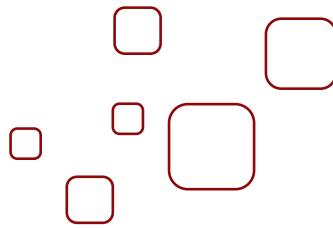


Quick Fact...

**18,245 teachers received
STOP THE BLEED training in 2024-2025**



FOR MORE INFORMATION



Arkansas School Health Services

This report is provided by the Arkansas School Health Services Initiative, which is an interagency collaboration between the Division of Elementary & Secondary Education (DESE) and the Arkansas Department of Health (ADH). This state-level infrastructure provides support to Arkansas schools in the implementation of health and wellness activities that create a safe and healthy school environment that supports learning.

For more information, please contact:

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Website: <https://dese.ade.arkansas.gov/offices/learning-services/school-health-services>

