

## FACT vs FICTION



Determining the difference between fact and fiction is becoming increasingly difficult for both ourselves and our children. With so much of our news now being delivered via social media (e.g., YouTube, Facebook), the spread of misinformation seems to be a growing trend with no sign of slowing down. It is important we equip our children to spot bias (including our own), investigate, and find the truth. In their Teaching Fact Vs. Fiction article ([smactalk.info/fact-fiction](http://smactalk.info/fact-fiction)), Jennifer LaGarde and Darren Hudgins share a strategy for vetting information which they call the six R's:

- Recognize triggers.
- Retrace the outrage.
- Reflect on your own biases.
- Rethink what "going viral" means.
- Resist the urge to be first.
- Revisit common sense.

[Check out](#)  
[our parent](#)  
[blog!](#)



### Fearless Fact-Finding

list of helpful resources for vetting information

[smactalk.info/fact-finding](http://smactalk.info/fact-finding)



### 5 Ways to Spot Fake News

[smactalk.info/spot-fake-news](http://smactalk.info/spot-fake-news)



### Ask your child:

"Do you know when you're being told misinformation?  
How can you tell?"

